



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE SISKIYOU FAMILY YMCA RESPONDS TO COMMUNITY NEEDS BY...

SERVING ALL INCOMES, AGES & ABILITIES

- In 2013, we served more than **4,400** people in Siskiyou County through membership & programs.
- We bring together young and old, men & women, people of all faiths, backgrounds and incomes.
- **No one is turned away for inability to pay.** Scholarships, subsidies and outreach provide critical access to low-income families.
- We provided **\$35,058 in financial assistance** and subsidies for children, youth and families in 2013. Over **1,500** individuals were served through our financial assistance program.

SERVING VULNERABLE POPULATIONS IN OUR COMMUNITY

- **LOW INCOME FAMILIES & 'AT RISK YOUTH':** Our YMCA currently serves **over 1700 members**—The Y provides a wide range of activities to foster healthy families and productive children including teen leadership, sports leagues, health & wellness classes, family nights, community service projects and more.
- **CHILDREN:** We are the largest provider of youth recreation activities in the county. We offer high quality youth programs to working families regardless of ability to pay. Last year, we served **2643** children through recreational, sports & enrichment programs. All youth activities incorporate the YMCA core values of...
Caring, Honesty, Respect & Responsibility
- **ACTIVE OLDER ADULTS:** One of the most consistent segments of our membership. We have **134 members over 60** years of age. We provide health & wellness opportunities designed to specifically meet the needs of that population.
- **COMMUNITY OUTREACH:** Over the last year, we provided free events including **'Healthy Kids Day' & 'Sober Grad Night'** that involved over **500** kids across the county.
- **OTHER NON-PROFIT ORGANIZATIONS:** In 2013, our Y provided over **\$10,000** worth of space / programming at no charge for outside clubs, schools, church groups and other community service organizations to help support them in providing the services they offer the community.



MOBILIZING COMMUNITY RESOURCES TO MEET COMMUNITY NEEDS

- **LOCALLY DRIVEN:** Our YMCA is led by a volunteer board of directors comprised of community leaders that provided over **700 hours** of volunteered time supporting the work of the YMCA.
- **CONTRIBUTED INCOME:** Last year, our YMCA received **\$69,647** in support from annual community contributions which represented **12%** of our total revenue.
- **VOLUNTEER HOURS:** Our YMCA mobilized over **270** volunteers who contributed **6570** hours of their time. Their volunteer efforts saved our YMCA **\$78,840** in delivering these programs and services to our community.
- **KEY PARTNERSHIP:** For the fourth year in a row, **The Ford Family Foundation** partnered with our Y to provide **'Camp Ford: A Youth Leadership Experience'**, at Paradise Point along the Klamath River. Over **50** kids participate in a week long outdoor adventure camp that features rafting, hiking, team building and leadership development activities. This unique, award winning camp, is free to participants and focuses on youth in transition from 8th grade to high school.



PROMOTING HEALTHY LIFESTYLES

- **SERVING HEALTH SEEKERS:** Our YMCA has a longstanding dedication to providing programs and services that build healthy spirit, mind and body for all. We continue this commitment today by engaging and supporting **'health seekers'** – individuals of all ages who wish to pursue a healthy lifestyle, but struggle to do so. With nationally certified personal trainers, and a fitness staff with over **120 years** of fitness class instruction experience, our Y strives to meet the needs of those looking for a healthier lifestyle.
- **FIGHTING CHILDHOOD OBESITY:** Recent studies have shown that over **15%** of children ages 8-14 are clinically obese in Siskiyou County. Our newest Addition, **'The Craig Hill Youth Activity Center'**, houses programs like rock climbing, gymnastics, wrestling, jujitsu, dance and features a youth fitness area with specialized health & wellness equipment for youth.

YMCA MISSION: TO PUT CHRISTIAN PRINCIPLES INTO PRACTICE THROUGH PROGRAMS THAT BUILD HEALTHY SPIRIT, MIND & BODY FOR ALL!